



# Early Childhood Bag Ideas: COVID-19



## General

These ideas are examples of activities that could be put into a zip-top plastic bag and sent home or picked up by families. All printed materials could also be sent digitally to families with access.

Topic	Description
Weather	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Types of weather response card (using the icons from the classroom)</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Identifying the weather for the day and what clothes to wear.</li> <li>• Watching clouds</li> <li>• Keeping track of the weather each day on a calendar</li> <li>• Dramatic play: Pretend to be the wind, rain, etc.</li> <li>• Watch the weather forecast on TV and talk about it</li> </ul>
Days of the Week/ Daily Schedule	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Monthly calendar</li> <li>• Days of the week cards</li> <li>• Visual daily schedule</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Identifying the day of the week</li> <li>• Talking about the daily schedule and activities</li> <li>• Allow the child to choose the order of the activities for the day</li> </ul>
Name Recognition	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Laminated name card</li> <li>• Print out of name to trace</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Tracing name (if appropriate)</li> <li>• Responding to "What's your name?"</li> <li>• Hide name card in different places in the house for "Hide/Seek"</li> </ul>
Identifying Feelings	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Feelings icon cards/worksheet</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Ask the student how they are feeling and allow them to respond verbally or by pointing to a card</li> <li>• Parent identifies how they are feeling</li> <li>• If child is demonstrating emotions, label the emotions for them "Oh, you are crying! Are you sad?"</li> </ul>
Shapes	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Pattern block shapes to cut out (if needed)</li> <li>• "I Spy: Shapes" mini-book (Example found here: <a href="http://youngmathematicians.edc.org/wp-content/uploads/2017/04/Book3_ISpyShapes5-24-17.pdf">http://youngmathematicians.edc.org/wp-content/uploads/2017/04/Book3_ISpyShapes5-24-17.pdf</a>)</li> <li>• Pattern block puzzles (Example found here: <a href="http://youngmathematicians.edc.org/wp-content/uploads/2016/05/Set-1-Color-Puzzles.pdf">http://youngmathematicians.edc.org/wp-content/uploads/2016/05/Set-1-Color-Puzzles.pdf</a>)</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• Pattern blocks</li> <li>• Crayons</li> </ul> <p><u>Materials from home:</u></p> <ul style="list-style-type: none"> <li>• Blocks</li> <li>• Crayons</li> </ul> <p><u>Suggested Activities:</u></p>

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	<ul style="list-style-type: none"> <li>• Create "I Spy: Shapes" book</li> <li>• Play I Spy with shapes around the house</li> <li>• Use pattern blocks and puzzles to talk about shapes and colors</li> <li>• Color and cut out the pattern block shapes and make pictures with them</li> </ul>
Number sense	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• "Roll One" Mini-book (Example found here: <a href="https://youngmathematicians.edc.org/wp-content/uploads/2017/04/Book8_RollOne5_24_17.pdf">https://youngmathematicians.edc.org/wp-content/uploads/2017/04/Book8_RollOne5_24_17.pdf</a>)</li> </ul> <p><u>Materials from home or classroom:</u></p> <ul style="list-style-type: none"> <li>• Dice</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Create "Roll One" mini-book</li> <li>• Roll the dice and then count the number of dots</li> <li>• Count items in the house (examples: the number of crackers that the student has for snack, number of toy trucks or dolls, etc.)</li> </ul>
Number Recognition	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• Magnetic numbers</li> <li>• Number puzzle</li> <li>• Number cards</li> </ul> <p><u>Materials from home:</u></p> <ul style="list-style-type: none"> <li>• Magnetic numbers</li> <li>• Hopscotch diagram drawn on sidewalk or using masking tape on carpet</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Play "I Spy" with numbers</li> <li>• Ask child to find as many examples of a number as they can</li> <li>• Create a hopscotch game and have the student say the numbers as they jump or jump to the number you say and stop</li> <li>• Play matching games with number cards or magnetic numbers</li> <li>• Complete a number puzzle</li> </ul>
Letter of the Week	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Letter mini-book (Example found here: <a href="https://twistynoodle.com/my-letter-a-minibook/">https://twistynoodle.com/my-letter-a-minibook/</a>)</li> <li>• Letter cards</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• Foam or magnetic letters</li> <li>• Cut out letters</li> <li>• Clay</li> </ul> <p><u>Materials from home:</u></p> <ul style="list-style-type: none"> <li>• Wikki stix</li> <li>• Foam or magnetic letters</li> <li>• Shaving cream (to write letter in)</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Letter hunt for the letter of the week</li> <li>• Hide/seek with letter cards</li> <li>• Make the letter out of clay or wikki stix or write in shaving cream</li> </ul>
Story Time	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Coloring page of caterpillar or butterfly</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• Circle cutouts and construction paper to create a caterpillar</li> <li>• Pompoms</li> </ul> <p><u>Materials from home:</u></p> <ul style="list-style-type: none"> <li>• Cotton balls or plastic cup to create circles</li> <li>• Paint or food coloring</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Watch a read aloud of A Very Hungry Caterpillar or read the story at home.</li> <li>• Color a picture of a butterfly or caterpillar</li> <li>• Identify fruit or vegetables in your home that the caterpillar might eat</li> <li>• Create a caterpillar painting or model using cotton balls or pompoms</li> </ul>



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Vocabulary Development	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Picture/word cards for items at home</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• PECS or communication device (if needed)</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Label common household items with pictures/words</li> <li>• Encourage student to request items by saying "I want ____" using words or pictures.</li> <li>• Verbally label items as you use them during the day and have student repeat the name of the item.</li> </ul>
Scissor Skills	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Pages of lines/shapes to cut out</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• Scissors or adaptive scissors</li> </ul> <p><u>Materials from home:</u></p> <ul style="list-style-type: none"> <li>• Scissors</li> <li>• Tin foil</li> <li>• Sandpaper</li> <li>• Paper bags or construction paper</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Cut lines/shapes provided by teacher</li> <li>• Cut out items to create a picture or collage</li> <li>• Cut tin foil, sandpaper or paper bags</li> </ul>
Beads	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Pictures of patterned beads for student to create</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• Beads</li> <li>• Strings</li> </ul> <p>AND/OR</p> <p><u>Materials from home:</u></p> <ul style="list-style-type: none"> <li>• Beads</li> <li>• Macaroni noodles</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• String beads to match a picture or model</li> <li>• String noodles or beads to make a necklace</li> </ul>
Tracing/drawing	<p><u>Printed Materials:</u></p> <ul style="list-style-type: none"> <li>• Instruction Sheet with suggested activity ideas</li> <li>• Lines/shapes to trace or draw</li> </ul> <p><u>Materials from classroom:</u></p> <ul style="list-style-type: none"> <li>• Crayon or pencil</li> <li>• Pencil grip (if needed)</li> <li>• Clay or wikki stix</li> </ul> <p>AND/OR</p> <p><u>Materials from home:</u></p> <ul style="list-style-type: none"> <li>• Crayon, pencil or marker</li> <li>• Clay</li> </ul> <p><u>Suggested Activities:</u></p> <ul style="list-style-type: none"> <li>• Trace lines or shapes provided by teacher</li> <li>• Create a shape with clay or wikki stix and have the student trace it with their finger</li> </ul>