



Idaho Youth Well-Being Assessment: At-A-Glance
2024-2025

Subscale/Construct/Topic	Item Total
Health Perceptions, Behaviors, Outcomes <ul style="list-style-type: none"> - Where you would go for help (10) - Barriers to healthcare (1) - Average health ratings (2) - Physical activity (1) - Sleep (1) ● Clinical depression screen (10) ● Problem focused coping (5) ● Perceived stress scale (4) ● Clinical anxiety (7) 	41
Demographics <ul style="list-style-type: none"> - School, gender, grade, age, race 	5
Family <ul style="list-style-type: none"> ● Parental monitoring (9) ● Social support from family (4) 	13
School <ul style="list-style-type: none"> ● School as a protective factor (15) ● School connectedness (5) - Grades (1) - Absences (1) 	22
Community <ul style="list-style-type: none"> ● Community connectedness (5) ● Trusted adult social support (4) ● Community engagement (7) - Safety (2) 	18
Peers/Friends <ul style="list-style-type: none"> ● Peer influence (8) ● Friend social support (4) ● Friend depression (1) - Sexual harassment/violence (2) - Bullying (2) 	17
Leisure Time <ul style="list-style-type: none"> - Supervised extracurricular activities (6) - Social media (5) ● Social isolation/loneliness (6) 	17



Subscale/Construct/Topic	Item Total
Substance use <ul style="list-style-type: none">- Cigarettes (2)- Alcohol (1)- Drugs (4)	7
Individual level factors <ul style="list-style-type: none">● Positive future identity (7)● Mattering (9)● Resilience; empathy, self-efficacy, self-awareness (9)	25

Total Questions in Survey (46)

[Estimated time needed per survey: 45-50 minutes]

- Circles mean if an item needs to be removed, the whole group of questions will be removed.
- Indicates individual items can be removed.