

A Call For Mentors!

Out-of-School Time



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Workshop Objectives

- Share the goal of our program
- Process from start to finish
- Challenges
- Program Evaluation Results



Contributing Risk Factors

Local Statistics

- Of 2nd-5th grade enrolled at LES, 76% no safe place after school if Success Center was not available.
- 52% of these students have both parents working outside of the home, many scattered hours.
- 70.83 % or $\frac{3}{4}$ of children we serve in afterschool at Lakeside Elementary are from blended families and/or an absence of biological ties.



Contributing Risk Factors

- American Indian/Alaska Native students were most likely to report having been bullied in the past year than were Hispanic/Latino or White students. Females specified being bullied at rates 10% higher than male students. American Indian/Alaska Native and Hispanic students were slightly more likely to indicate bullying someone else compared with White students.
- Demographic Differences Students of American Indian/Alaska Native or Hispanic/Latino descent were more likely to indicate feeling hopeless most or all of the time during the prior month than were White students. American Indian/Alaska Native students were most likely to report that they had seriously considered suicide within the past year among the race/ethnic groups examined. Female students were substantially more likely than male students to report these signs of poor emotional health as well.
- Students of American Indian/Alaska Native descent reported that it was less likely they would graduate high school than students of Hispanic/Latino descent reported, who in turn showed lower rates than did White students. White students were also more confident that they would attend/graduate from a university.

(Youth Prevention Survey Report 2014)



Vision and Objectives for Mentorship

- Give youth a positive adult relationship and role model
 - Cultivate developmental assets
 - Connect with cultural values
 - Safe and Nurturing Environment
- Provide exposure of our program to a large number of community members and potential volunteers.
 - Career exploration for children.
 - Meaningful way of giving back for adult mentors.



Fitting it in our current program

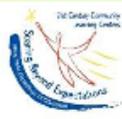
- When

- Started out one day per week on Mondays
- Going in to our homework time every day as an option

- How

- Created a log for check-in check out
- Student write back as letters arrive





A Call for Mentors

The Success Center is gearing up for the 2014-15 school year. As part of our after school programming we would like to start up a mentor program including leaders from our own community. We would like you to be one of the people that can impact a young youth. Our vision of the mentorship will begin with a very small, yet, vital commitment of time. Below is some basic information on what the mentorship will entail.

- One hand written letter per month for 9 months (time commitment per letter approx. 15 min.)
- Two evening dinners to meet your mentee: January and May
- Content of Letters/Ideas:
 - Introduce yourself , family, close friends, animals
 - Career
 - Inspirational people in your life
 - Interests/Hobbies
 - Favorite things: Color, food, books, sports
 - Ask Questions about student
- Each student correspondence will include a slip of paper with a "please respond by" date. This date will be around the third Monday of each month.
- Hint: Keep it positive and encouraging!
- 2nd-5th grade range. After your first letter you will know specifically.
- **FIRST DUE DATE IS SEPTEMBER 22ND. YOURS IS THE FIRST LETTER.**

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Dr. Chris Meyer, Director of Coeur d'Alene Tribal Department of Education



Who do we ask? references, references from references, personal connections, community and grant partners



- Coeur d' Alene Tribal Natural Resources
- Benewah Medical Center and Wellness Center
- Council Fires Newspaper
- City and Tribal Police
- Elementary Staff
- Senior Citizens
- State Parks
- Department of Education



Hang-ups in the process and discoveries

- Move the official start date
- Needed more mentors!
- Students that didn't want to participate
- Problems with letter delivery
- Sorting system
- Students needing more one-on-one help to write letters.
- Copy student letters
- Friendly e-mail reminders to mentors
- Ending the program year



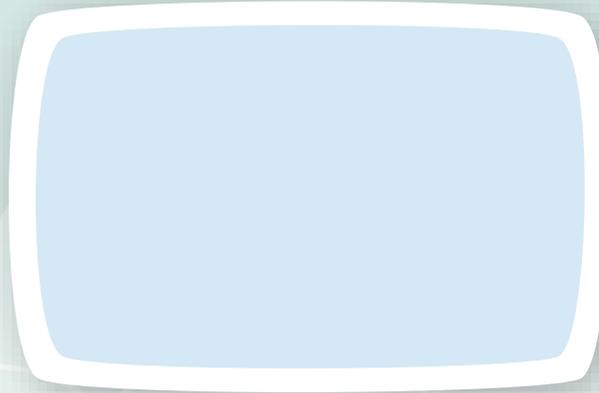
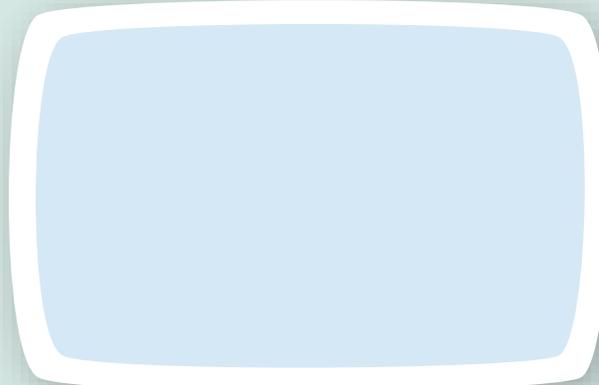


Emma and Cheryl Weixel,
Director of the Coeur d' Alene
Tribal Wellness Center



David and Iris Mayes, University
of Idaho Extension Coeur d'
Alene Reservation Educator





Three pictures with caption

Caption

How Can You Implement a Mentorship in Your Setting?



Kjell Schioberg, Aquatics Director Coeur d'Alene Tribal Wellness Center



Mentor Evaluation

How convenient was the time commitment of being a pen pal mentor?

How much of an impact has this mentorship program had on you personally?

How likely are you to recommend others in our community to become a pen pal mentor?

If you were to participate in our mentorship program again what suggestions do you have for improving the program?



Would you be willing to participate in the Success Center mentorship program in the 2015-16 school year?



Mentor Evaluation Continued

If you would like to continue as a pen pal mentor, would you...

if available, continue with the same pen pal	23.08%
	3
–be assigned a new pen pal	7.69%
	1
– <u>Responses</u>	69.23%
Comment	9
Total	13

Please rate your overall pen pal mentorship experience. (1-undesirable, 5-outstanding)

0.00% (0) 0.00% (0) 7.69% (1) 53.85% (7) 38.46% (5) Total (13) Average 4.31



Please include a brief quote that we can share with others.

“Those who say it cannot be done should not interrupt those who are doing it.”

“A good new program to get the community more interested in the outcomes of our youth.”

“A mentor goes the way, shows the way, knows the way... “

“This is an excellent way to communicate with a youngster, freeing him or her from the intimidation and social awkwardness of talking to an adult stranger. “

“The Pen pal mentor ship was a fun low pressure way to connect with a local student and hopefully make a positive impact on them in some way even if its just giving them a new way of thinking about how their interact with adults or what they see in there future.”

“I really enjoyed the pen pal mentorship this year. I thought it was a fun experience, and got excited to get my letter each month. “

“I loved it when my pen pal would ask me to check my mail:)”



