

Presenter: Lori J Head PhD headlori@isu.edu

Research base: Howard Gardner's Multiple Intelligence Theory

Dissertation Title: Mind Body Equality by LJH

The workshop will involve participant participation, discussion when needed, questions/Answers, usable information for all types of small to large groups and skill levels.

Welcome to mini movement activities.....

The following list of activities may or may not be done in the order listed, depending upon reaction, participants, facility, etc...

Warm-Up with Images

Mirrors/Opposites

Hand Shake Gestures

Quick Relay/Warm up Lines

Body Spelling (Name, spelling lists, seasonal images)

Colors and Shapes

Freeze Game (Music, Drums, Clapping, hula hoops)

Machines (Farm Equipment, Household items, Lawn Care)

I Love You

KIDCORE

Puppets

Copy Cat Circle 3 Good Guesses