Transitions from one learning environment to another can be difficult for any student. Below are several strategies to support positive and successful transitions for students.

**REDUCE DEMANDS**
- Increase opportunities for student success
- Intersperse known versus new learning material
- Prioritize and only focus on critical skills (e.g., communication, readiness skills)
- Regression may have occurred; informal reassessment can help to determine current skill levels

**INCREASE THE SCHEDULE OF REINFORCEMENT**
- Enrich the environment with preferred activities
- Deliver student-specific reinforcement more frequently
- Increase use of most highly preferred items/activities as potential reinforcers
- Re-establish rapport with students
- Preferences change; consider utilizing informal preference assessments or surveys

**RETEACH ROUTINES & EXPECTATIONS**
- Explicitly review behavioral expectations
- Review and practice classroom routines
- Provide multiple opportunities to practice
- Reinforce skills during practice and natural opportunities
- Consider using techniques like video modeling, role play, and/or visual cues
- Utilize fun and engaging learning strategies to increase success

**ADD SUPPORTS TO INCREASE STUDENT SUCCESS**
- Set up environment to increase predictability and structure
- Consider seating arrangements, placement/storage of materials, ability of adults to monitor and support students
- Consider use of visual supports (e.g., schedules, timers)
- Students may need access to previously used supports
- Ensure consistent student expectations

**FOCUS ON THE POSITIVE**
- Regression is normal following an extended break from school
- Minimize attention to unwanted behavior; instead, explicitly state expected behavior
- Recognize and reinforce small successes, both for staff and students

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For additional support and resources contact your BC or visit the help desk to request assistance.

https://idahosesta.org/