

Sample 3 Week Breakfast Menu, Grades 6-8

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Week 1</i>	Bodacious Breakfast Burrito Pineapple Banana Choice of Milk	Pumpkin Honey Wheat Muffin Cheese Stick Fresh Pear Apricots Choice of Milk	Choice Cereal Cinnamon Toast Cherries Kiwi Choice of Milk	Hawaiian Bagel Apple Peaches Choice of Milk	Biscuit and Sausage Gravy Watermelon Mixed Fruit Choice of Milk
<i>Week 2</i>	Blueberry Bubble Bread Sausage Applesauce Banana Choice of Milk	French Toast Peaches Blueberries Choice of Milk	Hot Egg and Biscuit Sandwich Oranges Apricots Choice of Milk	Scrumptious Cinnamon Roll Raisins Cantaloupe Choice of Milk	Hearty Maple Nut Muffin Top Hard Boiled Egg Grapes Pears Choice of Milk
<i>Week 3</i>	Homestyle Pancakes Blueberries Oranges Choice of Milk	Veggie English Muffin Watermelon Choice of Milk	Yogurt Parfait with Strawberries and Bananas Choice of Milk	Banana Bread Cheese Stick Cantaloupe Peaches Choice of Milk	Oatmeal Muffin Sausage Kiwi Pears Choice of Milk