

Idaho Child Nutrition Programs

Recipe: 000065 Ranch Potato Wedges K-12

Recipe Source:
Recipe Group: VEGETABLES

Recipe HACCP Process:

Alternate Recipe Name:
Number of Portions: 100
Size of Portion: 1/2 cup

050489 POTATOES, RUSSET, IQF, WEDGES... 004582 VEGETABLE OIL,CANOLA.....	17 LB 1/2 CUP	Preheat oven to 325°F. Prepare Ingredients: Spread each bag of potato wedges over a lined sheet pan. Put oil into a squeeze bottle or dispenser and shake over all potatoes.
002020 GARLIC POWDER..... 011284 ONIONS,DEHYDRATED FLAKES..... 002029 PARSLEY,DRIED..... 002047 SALT, TABLE..... 019335 SUGARS,GRANULATED.....	1/2 CUP 1 1/2 CUP 6 CUP 1/3 CUP 1 1/2 CUP	Prepare Ranch Mixture: In a large bowl mix garlic powder, dehydrated onions, parsley, sat, and sugar. Evenly sprinkle ranch mixture over all pans and toss. Bake 30 minutes.

*Nutrients are based upon 1 Portion Size (1/2 cup)

Calories	128 kcal	Cholesterol	0.00 mg	Protein	2.71 g	Calcium	32.55 mg	20.50%	Calories from Total Fat
Total Fat	2.91 g	Sodium	422.68 mg	Vitamin A	33.61 RE	Iron	0.93 mg	3.72%	Calories from Saturated Fat
Saturated Fat	0.53 g	Carbohydrates	24.98 g	Vitamin A	28.14 IU	Water ¹	*0.18* g	*0.03%*	Calories from Trans Fat
Trans Fat ¹	*0.00* g	Dietary Fiber	2.19 g	Vitamin C	11.44 mg	Ash ¹	*1.20* g	78.10%	Calories from Carbohydrates
								8.47%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	oz				? - Milk
Grain.....	oz				? - Egg
Fruit.....	cup				? - Peanut
Vegetable.....	0.500 cup				? - Tree Nut
Milk.....	cup				? - Fish
Moisture & Fat Change					? - Shellfish
Moisture Change.	0%				? - Soy
Fat Change.....	0%				? - Wheat
Type of Fat.....					

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	050489	POTATOES, RUSSET, IQF, WEDGES			
I	004582	VEGETABLE OIL,CANOLA			
I	002020	GARLIC POWDER			
I	011284	ONIONS,DEHYDRATED FLAKES			
I	002029	PARSLEY,DRIED			
I	002047	SALT, TABLE			
I	019335	SUGARS,GRANULATED			

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