

Chef Brenda, RDN

Recipe: 000215 Sunny Side Breakfast Pizza

Recipe Source: ISDE
 Recipe Group: BREAKFAST

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name:
 Number of Portions: 100
 Size of Portion: 1 Slice

902488 USDA (P) Pre-Cooked Scrambled Eggs - 40827+..... 902454 USDA Sweet Potatoes, light syrup, LS 100317+..... 902446 USDA Cheese, Mozzarella, LMPS, Loaves 100022+...	3 1/8 LB 12 1/2 CUP 4 3/4 LB	Preheat convection oven to 325°F. PREPARE INGREDIENTS: Thaw eggs completely in refrigerator. Drain sweet potatoes. Shred cheese.
902823 Whole Grain Pizza Crust (12 x 16).....	10 Rectangle Pizza Crust	PREPARE DOUGH: Place 2 rectangle pizza doughs side-byside on each full sheet pan.
050151 ITALIAN SEASONING MIX..... 011284 ONIONS,DEHYDRATED FLAKES..... 903503 Bacon Bits, Real.....	1/3 CUP 1/3 CUP 2 CUP	PREPARE SWEET POTATO PIZZA SAUCE: In a mixer, using the whisk attachment, mash enough drained canned sweet potatoes to equal 12 ½ cups (per 100 servings). Mash well, leaving no chunks. Mix in Italian seasoning and dehydrated onions. NOTE: Sweet potatoes should equal 1/8 cup per serving/slice of pizza. Based on our yield study during recipe testing, one #10 can of USDA sweet potatoes #100317 yields approximately 4½ to 5 cups mashed sweet potatoes.
		PREPARE PIZZA: Spread pizza dough evenly with sweet potato pizza sauce, top with bacon bits, scrambled eggs, and cheese. NOTE: All ingredients MUST reach the edges of the pizza dough so that all slices, including the end pieces, contain the correct amount of M/MA and vegetable components. BAKE PIZZA: Bake pizza according to pizza crust manufacturer's recommendation. If there is not a manufacturer's recommendation, bake for approximately 10 to 12 minutes or until internal temperature reaches 165°F.

*Nutrients are based upon 1 Portion Size (1 Slice)

Calories	224 kcal	Cholesterol	68.00 mg	Sugars	*0.10* g	Calcium	190.59 mg	33.65%	Calories from Total Fat
Total Fat	8.38 g	Sodium	428.33 mg	Protein	12.51 g	Iron	1.82 mg	14.05%	Calories from Saturated Fat
Saturated Fat	3.50 g	Carbohydrates	30.15 g	Vitamin A	*2376.29* IU	Water ¹	*0.01* g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	5.21 g	Vitamin C	*2.92* mg	Ash ¹	*0.01* g	53.82%	Calories from Carbohydrates
								22.33%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt..... 1.25 oz					? - Milk
Grain..... 1.75 oz					? - Egg
Fruit..... cup					? - Peanut
Vegetable..... 0.125 cup					? - Tree Nut
Milk..... cup					? - Fish
Moisture & Fat Change					? - Shellfish
Moisture Change. 0%					? - Soy
Fat Change..... 0%					? - Wheat
Type of Fat.....					

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	902488	USDA (P) Pre-Cooked Scrambled Eggs - 40827+			
I	902454	USDA Sweet Potatoes, light syrup, LS 100317+			
I	902446	USDA Cheese, Mozzarella, LMPS, Loaves 10002			
I	902823	Whole Grain Pizza Crust (12 x 16)			
I	050151	ITALIAN SEASONING MIX			
I	011284	ONIONS,DEHYDRATED FLAKES			
I	903503	Bacon Bits, Real			

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