



Ringworm

Parent Resource Template

This document is only a template resource. If the template is used, please customize the document to include district's/school's nursing practices and branding.

DEFINITION

- Ringworm is a fungal infection which can affect the skin, scalp, or feet.

SYMPTOMS

Skin or Feet

- Red, circular patches with raised edges and clear middle.
- Cracking or peeling of skin.

Scalp

- Patchy areas of dandruff-like scaling (with or without hair loss).
- Redness and scaling areas (with or without broken hair or loss of hair).

PREVENTION

- Ringworm is spread by contact with a contagious person or animal, or from contaminated items such as combs, brushes, towels, clothing, or bedding.
- Wash your hands often.
- Cover affected areas.
- Do not share hairbrushes, combs, or hair accessories.
- Treatment of infection.

TREATMENT

- Over-the-counter antifungal medications such as lotions and creams, or prescription medications as ordered by a healthcare provider.
- Good personal hygiene to prevent the further spread of infection.

RETURN TO SCHOOL

- Once treatment has begun.
- Cover affected areas when possible.
- Athletes in sports with person-to-person contact cannot participate in sport events for 72 hours following the start of treatment, unless affected areas can be covered.

CALL YOUR HEALTHCARE PROVIDER

- If treatment is ineffective and/or the infection continues to spread.

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American Academy of Pediatrics: Managing Infectious Diseases in Child Care and Schools