

Human Trafficking: How to Protect Yourself & Your Friends

Lesson Plan – Student Level Training

Human trafficking defined in its simplest form is the trade in humans, most commonly for the purpose of sexual slavery or forced labor. Because human trafficking/slavery is more readily associated with the past and international cases, it is hard to fathom the existence of modern day slavery, especially in the United States, and moreover, Idaho. However, it does exist and local occurrences, which affect our youth, are increasing. In Idaho, and across the U.S., many traffickers are a victim's family members.

Due to this growing epidemic, it is imperative that students understand how and by what means to protect themselves and their friends. Students need to understand how traffickers recruit and force people into human trafficking, how to identify a trafficker, and what to do and who to contact if a trafficker is identified. This training will provide the student the aforementioned knowledge, as well as, provide the student with additional information on how to determine if a friend may be a victim and who to contact if you suspect that a friend has been forced or coerced into human trafficking.

Objectives:

To ensure that Idaho's students:

- Understand what human trafficking is and how it affects Idaho's youth
- Know how to recognize the signs of human trafficking
- Understand and recognize recruitment and control methods
- Understand what to do if you believe someone is trying to recruit you or a friend into human trafficking
- Understand what to do if you believe a friend may be a victim of human trafficking
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- Know how to recognize the signs of human trafficking
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- Understand what to do if you believe someone is trying to recruit you or a friend into human trafficking
- Understand what to do if you believe a friend may be a victim of human trafficking

This student level training was developed in partnership with the Idaho State Department of Education, the Boise Police Department and the organization Idaho Human Trafficking Awareness.

Materials:

- Human Trafficking: How to Protect Yourself & Your Friends Recording and/or PPT
- Human Trafficking Scenarios Worksheet
- Power & Control Wheel Worksheet

Opening Activity:

- Prior to the training, be sure to provide each student with the worksheets indicated in the materials list above.
- Using the notes in the PPT, read through the introduction and then lead students through the opening questions on slides 3 and 4. The opening questions may be discussed in the format each educator deems appropriate; whether as a whole group, small groups, partners, or individually on a piece of paper. If preferred, the educator can utilize the recording of the training and stop the recording when indicated to discuss the opening questions.
- Go over the objectives of the training with students, slide 5.

Main Activity/Training:

This training is split up into several separate sections which answer specific questions in order to meet the objectives of the training. The sections are grouped in parts (see below), which center around an activity which challenges students' knowledge of the signs of human trafficking. The parts and the sections within the training are as follows:

Part I: Human Trafficking Overview – Slides 1-14

- Human Trafficking: What is human trafficking?
- Statistics: How many victims of human trafficking are there? What about the United States and Idaho?

Main Activity/Check Your Understanding: Human Trafficking Scenarios, slides 14-17

- Ask the students the questions on slide 16
- Then have the students read through the human trafficking scenarios summarized on the worksheet. This can be done in pairs or individually.
- Have students determine if they know the red flags in each scenario which would indicate that something about the situation is not right. Have students underline the red flag indicators on their worksheet.

Part II: Human Trafficking Training – Slides 18 – 47

- Types of Trafficking: What are the types of trafficking which occur in Idaho?
- Victim Identification: Who are the victims?
- Trafficker Identification: Who are the traffickers?
- Recruitment & Control: What are the recruitment methods of a trafficker? Why is it hard for a victim to ask for help or leave the situation?
- Online: How are youth recruited over the Internet? How is the Internet used to traffic youth?

- Trafficking Assessment: How will I know if my friend is being recruited or already is a victim of human trafficking?

Main Activity/Revisit: Check Your Understanding – Slides 48 – 55

- Have students go back to the scenarios that were read through earlier. Since the training has been completed, ask the student if they can see any additional indicators; indicators which they were unaware of prior to the training. Have students circle any additional indicators. This can be done individually or with partners.
- Have students share their answers as a whole group, one scenario at a time.
- Go through slides 50 – 55 to determine if any red flags were unobserved.

Part III: Closing – Slides 56 – 60

- Next Steps: What can you do if you suspect that your friend is a victim of human trafficking? What should you do if you are approached by someone who appears to be a trafficker?

If you have any questions, please contact Nichole Hall with the Idaho State Department of Education, nhall@sde.idaho.gov.